

Appendix B

What is a Warming Center?

The Warming Center is a place to come be warm and enjoy a hot meal in good company. You can turn your thermostat down at home to save heat.

The Warming Center is a place for everybody: seniors, parents and kids, young adults – you name it!

The Warming Center will be staffed entirely by volunteers. We are not equipped to provide childcare or adult day care. The Warming Center is not an overnight shelter.

Come for the day or just for lunch. Stay for awhile or just drop in for soup or a snack. We are looking for volunteers to help with keeping the walk clear to washing the dishes. Everyone has something to give and something to receive.

Do you need a ride to the Warming Center?

We encourage you to carpool to the Warming Center. Parking is available at all sites. We will do our best to match up rides and riders, at your request.

Public transportation is available (for a donation) by calling:

Western Maine Transportation
1-800-393-9335 or*

Community Concepts
779-0594*

**Call 24-48 hours in advance.*

Ask for a ride to the Warming Center. Efforts are underway to obtain grant money to help with the cost of transportation. Ask about this at the Warming Center.

(Out of Date)

The Warming Center



10 AM – 4 PM

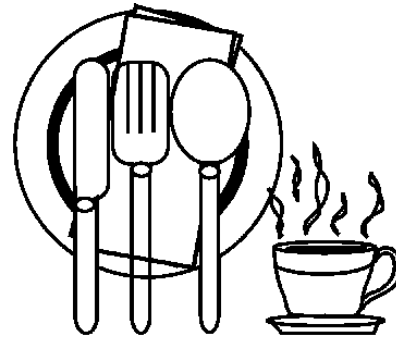
Tuesdays and Thursdays

Henderson Memorial, January
St. Joseph's, February
Old South, March

***Everyone is
welcome!***

**Would you like to share
a hot meal and
fellowship on these long
winter days?**

*Come at 10 am for coffee and...
Stay for lunch at noon.*



*Our hope is to have hot soup
and other snacks available all
day long.*

*Guests are welcome to join the
volunteer teams for serving and
cleaning up after the meal.*



*Should the Warming Center be
closed due to bad weather,
watch the TV for a Seniors Plus
cancellation.*

*For additional information,
please contact:*

Henderson Memorial 778-2163
St. Joseph's 778-2778
Old South 778-0424

**Are you looking for ways
to pass the time?**

*The Warming Center will have
cards and games to play, art
and craft supplies, and puzzles.*

*The plan is to offer other special
activities or programs during
the day. Possibilities include
cooking, movies, knitting, a play
corner for parents and children,
a sing-along, or yoga.*

*There will be a resource table at
the Warming Center to provide
information about services
available to you and there will
be people to help answer your
questions.*

*Do you like to read? We will
have magazines and
newspapers available in a cozy
reading corner.*

*Seniors Plus asks that we call
in a reservation for meals 24
hours in advance. **To reserve
a meal, call the office at
Henderson Memorial (778-
2163)** and leave your name
and the number of meals you
are requesting. Or, you can
order your next meal at the
previous Warming Center.
There will be no home
deliveries.*